

Notes for Applicants for Group 2 Licenses (LGV & PCV)

The medical standards for Group 2 licence entitlement (LGV/PCV) are higher than Group 1 (Car). As a result of this, the DVLA requires a medical report form “D4” form to be completed by a registered medical practitioner as part of the application process. This link explains how the DVLA set the medical standards for a variety of driving licences:

http://www.dvla.gov.uk/medical/about_dri_med.aspx.

During the medical, the doctor will complete a DVLA medical report called Form “D4” which can be downloaded from the DVLA’s website: <http://www.dvla.gov.uk/media/pdf/forms/d4.pdf>

The form “D4” is available from our website together with the explanatory leaflet “INFD4” - you should take some time to look at these before you come for the medical.

If you do have a medical condition which could affect your application for LGV/PCV licence entitlement then a look at the ‘INFD4’ leaflet may answer your questions. If you are still in doubt about the effect your condition will have on your application then you should consult your own GP for advice before coming for the medical.

The commonest reason for a person to fail the medical examination is due to poor eyesight (short sightedness or longsightedness and the need to wear spectacles or contact lenses to correct this) or because they suffer from a condition that affects their eyesight.

The medical rules with respect to eyesight for Group 2 licence entitlement is significantly different from Group 1 – ‘INFD4’ leaflet gives a good explanation under Section 3 ‘Eyesight’, page 8.

With Group 1, under certain situations you can legally drive a car with reduced vision in one eye as long as you have good vision in the other; with Group 2 you need good vision **in each eye independently**.

If you are unsure whether your eyesight is good enough to pass the medical examination, please arrange an optician’s eye check **BEFORE** the medical examination. Tell the optician that your eyesight needs to be good enough to pass a medical for LGV/PCV entitlement. If spectacles or contact lenses are prescribed by the optician, in order to improve your eyesight, it would be sensible to get them and get used to wearing them **BEFORE** the medical examination.

REMEMBER: YOU HAVE A LEGAL OBLIGATION TO ENSURE THAT YOUR EYESIGHT MEETS THE STANDARDS TO DRIVE ANY KIND OF VEHICLE ON THE ROAD. AN OPTICIANS EYECHECK AT LEAST ONCE EVERY 2 YEARS IS RECOMMENDED.

THE LGV/PCV MEDICAL EXAMINATION:

- **YOU MUST** remember to bring your spectacles or contact lenses with you if you need them for driving. (With contacts please bring your cleaning/storage kit with you as your eyesight will need to be checked with lenses in and with lenses out).
- **YOU MUST** remember to bring photo ID with you to the medical – passport or driving license – **“NO ID – NO MEDICAL” - AND YOU WILL STILL BE CHARGED.**
- You will be expected to pass a urine specimen at the time of the examination so do not “go” just before you arrive for the medical.
- If you are seeing hospital consultants for any reason please bring their details with you and the details of where you are seeing them.
- Please bring with you a list of **ALL** prescribed medication taken – ideally a copy of your ‘repeat prescription’ slip.
- If you do declare a medical condition or take medication that can potentially affect your driving ability, the DVLA may need to make further enquiries into this – usually with your own GP. Remember that you are under a legal obligation to inform the DVLA about any condition that can potentially affect your driving ability.

You may find the following link useful to read before you come for the medical:http://www.direct.gov.uk/en/Motoring/DriverLicensing/MedicalRulesForDrivers/DG_10012708

- You will see by looking at the ‘INFD4’ form that an area of particular medical concern that the DVLA has at the moment is with respect to ‘Sleep disorders’ particularly ‘Obstructive Sleep Apnoea Syndrome’. This helpful link explains the condition:
http://www.britishsnoring.co.uk/sleep_apnoea/what_is_sleep_apnoea.php
- The ‘Epworth Sleepiness Scale’ is a questionnaire that can be used to ‘screen’ people for ‘Sleep Apnoea’. Please complete the questionnaire on the following page. The questionnaire does not give a diagnosis, but can give a score that is either normal or suggestive of ‘Sleep Apnoea Syndrome’.

The Epworth Sleepiness Scale

How likely are you to doze off or fall asleep in the following situations, in contrast to feeling just tired?

This refers to your usual way of life in recent times. Even if you have not done some of these things recently, try to work out how they would have affected you. Use the following scale to choose the most appropriate number for each situation.

You may wish to get your spouse or partner to help you with the questionnaire.

Use the following scale to choose the most appropriate number for each situation:

- 0 No chance of dozing
- 1 Slight chance of dozing
- 2 Moderate chance of dozing
- 3 Severe chance of dozing

Situation	Chances of Dozing
Sitting and Reading	
Watching TV	
Sitting inactive in a public place (eg Cinema or Meeting)	
As a passenger in a car for an hour without a break	
Lying down to rest in afternoon if circumstances permit	
Sitting and talking to someone	
Sitting quietly after lunch without alcohol	
In a car, while stopped for a few minutes in traffic	
Total score (max of 24)	

Thank you.

Please print off the sheet and bring it with you for your medical.